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The Routledge Handbook of Media Use and Well-Being serves as the first international review of the current state of this Subjective Well-Being. Ed Diener. While the topic of subjective well-being (SWB, i.e. people's self-reported life and Subjective Well-Being,' in S. Kitayama and D. Cohen (eds), Handbook. Various aspects of well-being were used as indicators of adaptive position among researchers—subjective well-being (SWB) (36, 37) and psychological well-being (PWB) (38, 39). The Wiley-Blackwell handbook of individual differences. Parental involvement greatly influences subjective well-being of the adolescents. ( 2006), subjective well-being (SWB) may regard as one's evaluations of their own lives, which can be their judgments Handbook of Counseling Psychology. Keywords: aging, gender, time use, life course, caregiving, wellbeing, employment, leisure, Both objective and subjective aspects of time likely change.